



LEVEL 1 BEGINNER

I understand my equipment and slope etiquette
I've tried some one footed skills
I have started to develop balance and posture
I can do a heel edge side slip without assistance
I can do a toe edge side slip without assistance

Repeat Completed Instructor Date

Comments

LEVEL 2 MOVEMENT AND CHANGE OF DIRECTION

Re-cap Skills from Level 1
I can use balance and posture to change direction
I can make a toe edge diagonal side slip to the left & right
I can make a heel edge diagonal side slip to the left & right
I can change my direction and control my speed on either edge with no assistance.

Repeat Completed Instructor Date

Comments

Level 3 Basic Turns

Re-cap Skills from Level 2
I can turn from toe edge to heel edge
I can turn from heel edge to toe edge
I can one foot ride the Beginner Slope Lift
I can consistently make basic turns from the top of the Beginner Slope

Repeat Completed Instructor Date

Comments

LEVEL 6 ADVANCING TO COACHING

Re-cap skills from Level 5
I can vary my turn shape and size
I am working on switch snowboarding
I am working on developing my posture
I am working on dynamic snowboarding

Repeat Completed Instructor Date

Comments

LEVEL 5 MAIN SLOPE CONFIDENCE

Re-cap Skills from Level 4
I am confident using the Main Slope Lift
I have tried variable conditions
I am improving Snowboard technique
I can control speed & direction, perform controlled linked turns and stop when required

Repeat Completed Instructor Date

Comments

LEVEL 4 LINKING TURNS

Re-cap skills from Level 3
I have been introduced to linked turns
I have been shown how to use the button lift
I am aware of the Main Slope Safety Code (PTO)
I can snowboard confidently on the lower part of the Main Slope

Repeat Completed Instructor Date

Comments

SKILLS DEVELOPMENT COACHING

I am already comfortable on the Main Slope. Now it is time to develop my snowboarding even more. Your coaches will now guide you and give you the tools to better your snowboarding in whichever area you desire, whether that be posture, types of steering, varied turn shapes, riding switch or flatland Freestyle. Enjoy becoming a more accomplished, all rounded rider.

Comments

NEXT STEPS
Ask us about...

LIFT PASSES
Keep practicing the skills you've learnt with a Lift Pass. From one hour up to all month, keep your legs going all year round.

PRIVATE LESSONS
Whether you want to whizz through the levels or build your confidence slowly, learn at your own pace with a Private Lesson.

FREESTYLE
Jump, slide and spin on our freestyle features. If you want to learn the latest tricks, come along to one of our freestyle sessions.

MOGULS
Things will get bumpy when you hit the moguls! Make sure your technique is sharp for hitting one of these sessions!