



LEVEL 1A BEGINNER

I understand my equipment and slope etiquette
I've tried some one foot skills
I have started to develop balance and posture
I can do a heel edge side slip with some assistance
I can do a toe edge side slip with some assistance

Repeat Completed Instructor Date

Comments

LEVEL 1B CONTROL OF SPEED

Re-cap Skills from Level 1a
I can do a heel edge side slip without assistance
I can do a toe edge side slip without assistance
I am developing balance and posture
I am confident controlling my speed

Repeat Completed Instructor Date

Comments

LEVEL 2 MOVEMENT AND CHANGE OF DIRECTION

Re-cap Skills from Level 1
Using balance and posture to change direction
I can make a toe edge diagonal side slip to the left & right
I can make a heel edge diagonal side slip to the left & right
I can change my direction and control my speed on either edge with no assistance

Repeat Completed Instructor Date

Comments

LEVEL 5 MAIN SLOPE CONFIDENCE

Re-cap Skills from Level 4
I am confident using the Main Slope Lift
I have tried variable conditions
I am improving Snowboard technique
I can control speed & direction, perform controlled linked turns and stop when required

Repeat Completed Instructor Date

Comments

LEVEL 4 LINKING TURNS

Re-cap skills from Level 3
Introduction to linked turns
I have been shown how to use the button lift
I am aware of the Main Slope Safety Code (PTO)
I can snowboard confidently on the bottom part of the Main Slope

Repeat Completed Instructor Date

Comments

LEVEL 3 BASIC TURNS

Re-cap Skills from Level 2
I can turn from toe edge to heel edge
I can turn from heel edge to toe edge
I can one foot ride the Beginner Slope Lift
I can consistently make basic turns from the top of the Beginner Slope

Repeat Completed Instructor Date

Comments

LEVEL 6 ADVANCING TO COACHING

I am already comfortable on the Main Slope. Now it is time to develop my snowboarding even more.

Your coach will now guide you and give you the tools to better your snowboarding in whichever area you desire, whether that be posture, types of steering, varied turns shape, riding switch or flatland Freestyle.

Enjoy becoming a more accomplished, all rounded rider.

Comments

NEXT STEPS

Ask us about...

LIFT PASSES

Keep practicing the skills you've learnt with a Lift Pass. From one hour up to all month, keep your legs going all year round.

PRIVATE LESSONS

Whether you want to whizz through the levels or build your confidence slowly, learn at your own pace with a Private Lesson.

FREESTYLE

Jump, slide and spin on our freestyle features. If you want to learn the latest tricks, come along to one of our freestyle sessions.

MOGULS

Things will get bumpy when you hit the moguls! Make sure your technique is sharp for hitting one of these sessions!